



## IMPACT WB

Thank you for accepting the offer for your son to join the Impact WB team. This introductory document outlines the expectations we have for players, parents, and the coaching staff for the teams throughout the year. Please take a moment to read everything carefully. If you have any questions or concerns, please don't hesitate to contact me!

### PLAYER PRACTICE, HOMEWORK AND SKILL BUILDING

- Practice attendance will play a large role in a player's development and individual and overall team performance.
- Players should expect to train with their team at least twice a week throughout the whole year.
- Players will be expected to practice what is learned in training sessions at home.
- Players are encouraged to watch professional soccer at home.
- Players are encouraged to attend additional practice sessions held by the coach throughout the year.

### PLAYER ATTENDANCE

- Attendance is expected at all practices, games, and tournaments.
- Notice of missed practices or games must be made by the parent in advance.
- A player must come to games and training sessions fully prepared, with water, cleats, shin guards, the correct uniform, and clothing suited to the weather conditions.

### PLAYER PUNCTUALITY

- All game and training scheduling information will be available on TeamSnap.
- Players must attempt to be on time for all practices.
- Players must arrive at games 45 minutes before kickoff.

### PLAYER NUTRITION

- Nutrition is a very big factor and vital to a player's performance.
- Parents and players should adopt a mindful attitude towards the nutritional needs of young athletes, be conscious of eating habits, and eat healthily.

### PLAYER ATTITUDE

- Because a positive attitude makes a team greater, players and parents should encourage teamwork and support fellow players and parents.
- A player should be prepared to learn and have a good work ethic.
- A player should respect...
  - the coach
  - their teammates
  - parents
  - players on the opposition
  - match officials

### SPECTATORS

- There should be no coaching from the sideline other than that of the coach.
- There should be no communication with the game officials, or calls made from the sideline.

### PARENT OR GUARDIAN / COACH COMMUNICATION

Please contact the coach directly with regards to any questions, concerns, player development, playing time, anything personal that may affect performance, team strategy, missed games / practices etc. or anything else.

### COACHING EXPECTATIONS

A coach will...

- Treat all players with respect.
- Provide opportunity for all players to develop.
- Provide the team with the best opportunity to succeed.
- Help the team and the players to learn how to win and lose gracefully.
- Be professional on the sidelines and treat referees and opposing coach with respect  
Emphasize team development, evaluate players each season and develop appropriate areas.
- Lead by example

Once again, I would like to thank you for joining my team. I am excited for the upcoming year – we have some great talent and a fun year ahead of us!

Warm regards,

A handwritten signature in black ink, appearing to read 'Warren', with a stylized, cursive script.

Warren